

Appln No. 10/692,705

Amdt date July 13, 2005

Reply to Office action of June 23, 2005

**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

1. (Currently amended) A template for use with a container for recording an ingestible product consumed comprising:  
  
a recordable surface for recording information about the ingestible product,  
  
the template being positioned on a periphery of a container,  
  
the container comprising a closed end and an open end comprising a removeable lid,  
  
a label attached to the periphery of the container, the label comprising information about a product brand and about the ingestible product; and  
  
~~wherein the template occupies a region on the periphery of the container separate from an area on the label comprising the product brand~~comprises at least one of a plurality of lines defining at least one entry field and a pre-printed word conveying information related to the ingestible product.
2. (Currently amended) The template of claim 1, further comprising one or more ~~entry field~~columns on the recordable surface.
3. (Original) The template of claim 1, wherein the template is an integral part of the label.
4. (Original) The template of claim 1, wherein the template is an add-on feature of the container.
5. (Original) The template of claim 4, wherein the add-on feature is a note-pad.

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6. (Original) The template of claim 4, wherein the add-on feature is a note pad with a peelable sheet.

~~87.~~ (Currently amended) The template of claim 1, further comprising one or more pre-formatted fields on the recordable surface including at least pre-formatted field related to volume.

~~98.~~ (Currently amended) The template of claim 1, ~~further comprising two or more parallel lines, wherein the plurality of lines include two or more parallel lines defining at least one recording field.~~

~~109.~~ (Currently amended) The template of claim 1, wherein the recordable surface is part of the periphery of the container.

~~110.~~ (Currently amended) A method for recording ingestible products consumed comprising:

providing a template on at least one of a periphery of a package and a container containing an ingestible product; the template comprising a recordable surface and an entry field for recording information about the ingestible product; and

recording at least one of quantity of ingestible product consumed and a time a quantity of ingestible product is was consumed on the template; and

~~recording a time a second quantity of ingestible product is to be consumed.~~

~~111.~~ (Currently amended) The method for recording ingestible products consumed of claim ~~110~~, wherein the quantity ingested and the time the quantity was ingested are both recorded on the template.

~~112.~~ (Currently amended) The method for recording ingestible products consumed of claim ~~110~~, further comprising recording a quantity of ingestible product consumed by each of two or more different individuals.

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~~14~~13. (Currently amended) The method for recording ingestible products consumed of claim ~~11~~10, wherein the template comprises one or more pre-formatted fields.

~~15~~14. (Currently amended) The method for recording ingestible products consumed of claim ~~11~~10, wherein the template comprises adhesive for affixing on the at least one of a periphery of a package and a container containing an ingestible product.

~~16~~15. (Currently amended) The method for recording ingestible products consumed of claim ~~11~~10, wherein the template comprises either a POST-IT® type note pad or a note pad comprising tear lines.

~~17~~16. (Currently amended) The method for recording ingestible products consumed of claim ~~11~~10, wherein the template comprises part of a surface of the periphery of the package or the container.

~~18~~17. (Currently amended) The method for recording ingestible products consumed of claim ~~11~~10, further comprising an identifier.

~~19~~18. (Currently amended) A template for recording an ingestible product consumed comprising:

a recordable surface and an entry field for recording information about the ingestible product,

the template being attached to a periphery of a package for packaging a container containing the ingestible product,

the package comprising at least two ends with at least one of the two ends capable of being opened for removing the container,

a label attached to the periphery of the package, the label comprising information about the ingestible product; and

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wherein the template comprises at least one of a plurality of lines defining at least one entry field and a pre-printed word conveying information related to the ingestible product occupies a region on the periphery of the package separate from the area on the label comprising the product brand.

2019. (Currently amended) The template of claim 1918, wherein the template is part of a POST-IT® type note pad.

2120. (Currently amended) The template of claim 1918, wherein the template is an integral part of the label.

2221. (Currently amended) The template of claim 1918, wherein the template is an add-on feature on the packaging.

2322. (Currently amended) The template of claim 2221, wherein the add-on feature is a note-pad.

2423. (Currently amended) The template of claim 2221, wherein the add-on feature is a note pad with a peelable sheet.

2524. (Currently amended) The template of claim 1918, further ~~comprising one or more~~ pre-formatted fields on the recordable surface related to a time the ingestible product was consumed.

2625. (Currently amended) The template of claim 1918, further ~~comprising two or more parallel lines, the parallel lines~~ wherein the plurality of lines defining at least one recording field ~~two columns~~.

2726. (Currently amended) The template of claim 1918, wherein the recordable surface is part of the periphery of the package.

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**2827.** (Withdrawn) The template of claim 1, further comprising a writing instrument removeably secured to the container.

**2928.** (Withdrawn) The template of claim 1, further comprising a pocket, wherein the template is positioned inside a receiving space of the pocket.

**3029.** (Withdrawn) The template of claim 1, further comprising a security shrink wrap wrapped over the template and container.

**3130.** (Currently amended) A template for recording information about an ingestible product consumed by an individual comprising:

a first writing medium comprising:

a plurality of sides;

~~at least one of a~~ plurality of lines printed on the medium, the plurality of lines defining at least one entry field for entry of information about the ingestible product consumed, and a pre-formatted field comprising at least one printed word, said at least one printed word conveying ~~information~~ a message for recording information related to the ingestible product; and

a second writing medium positioned subjacent the first writing medium, said second writing medium comprising ~~at least one of a~~ plurality of lines printed on the medium, the plurality of lines defining at least one entry field for entry of information about the ingestible product consumed, and a pre-formatted field comprising at least one printed word, said at least one printed word conveying ~~information~~ a message for recording information related to the ingestible product.